

The Foundations and Clinical Applications of Classical Chinese Medicine

A 24-MODULE ONLINE COURSE

PART 11 DIAGNOSIS 1

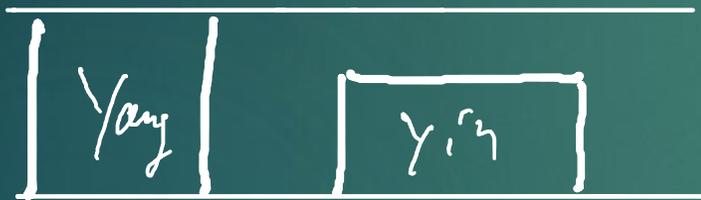
The main human process mechanisms

- ▶ Hot and cold feelings
- ▶ Appetite
- ▶ Thirst
- ▶ Digestion
- ▶ Stools, Urine
- ▶ Sleep
- ▶ Breathing
- ▶ Vitality
- ▶ Perspiration
- ▶ Palpitations
- ▶ Hearing
- ▶ Vision
- ▶ Pain
- ▶ Mobility
- ▶ Skin, Teeth
- ▶ Taste/ Smell
- ▶ Menstruation
- ▶ Fertility
- ▶ Emotions/ Mentality
- ▶ Balance, Sensitivity

Yin/Yang relations in principle

Depending on Wu Xing and relation

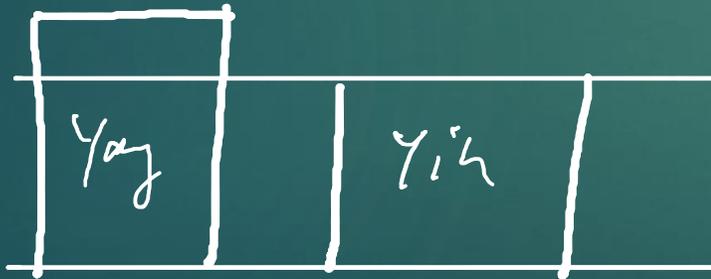
①



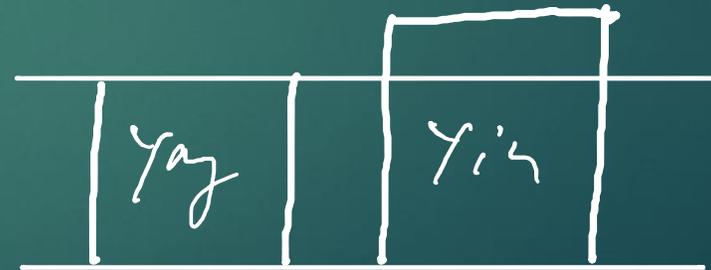
②



③



④



What is the objective of a Chinese Diagnosis?

1. Exact description of the ongoing process of disharmony, according to the concepts of Wu Xing, Liu Yu and Liu Xie.
2. Determination of relevant conditions, which are in relation to the different aspects of the disharmonic process.
3. Together, this leads to a structured and prioritised assessment called “pattern” (Zheng).
4. This pattern describes the nature, character and level of the stagnation, its conditions, directions and structure.
5. The pattern is the foundation for developing a treatment strategy and choosing the correct methods of treatment and counselling.

What are the methods of a Chinese Diagnosis?

- ▶ Observation/ Inspection
 - ▶ Inquiry (asking)
 - ▶ Palpation
- ▶ Auscultation (listening), Olfaction (smelling)

A Chinese Diagnosis is not a causal analytical method, but a complex conditional technique.

What is the difference between a Classical Chinese Diagnosis (conditional) and a Western Diagnosis (causal-analytical)?

TRY TO EXPLAIN IT SHORT IN WRITING, AS WELL AS ORALLY TO SOMEONE:

Chinese Diagnosis 1: Inspection

Part One: Facial Diagnosis

- ▶ How does Facial Diagnosis work?

Specific processes manifest as specific structures. These structures enable corresponding processes.

What do we learn from Facial Diagnosis?

1. Individual Constitution
2. Individual Yin/Yang-Relations of the Wu Xing
3. Assessment of the individual Quality of Qi-, Xue- and Jing-Level (Mountains, Lakes and Wind)
4. Assessment of Vitality
5. Constitutional timeline

How to read a face

Step 1: observe the Shen

Step 2: observe the two sides

Step 3: divide into three horizontal parts

Step 4: relate the areas depending on the Wu Xing and Age areas

- keep attention to the whole mind/body type as a basic constitution!
- relate the face reading to the general constitution
- look for recent changes of the general constitution
- look for older changes of the basic constitution
- do not judge

Contact Andreas Kuehne

For questions about the online course (all members) and to get access

to the FaceBook support group (premium and premium plus members)

please email:

questions@andreas-kuehne.com